

HAPPY GREEN HALLOWEEN® FROM SURF SWEETS



Goulishly Great Ways to
Go Green This Halloween



Surf Sweets has collaborated with Green Halloween® to create a fun party guide that you and your kids can use to create your own Green Halloween celebration! We're excited to support the goal of having a healthier, happy and "naturally fun" Halloween and want to share some ghoulishly great ways to "go green".

SURF SWEETS - A DELICIOUS AND GREEN HALLOWEEN TREAT



Green celebrations should include healthier and earth-friendly treats. Surf Sweets candies are the perfect addition to Halloween because they are made from organic and natural ingredients without any artificial colors, flavors or GMOs. Our naturally sweet gummy candies and jelly beans are made with real fruit juice and contain 100% US RDA of Vitamin C per serving. Best of all, they taste great! Surf Sweets candies use organically grown ingredients that are free of harsh chemicals and pesticides and that are grown in an earth-friendly, sustainable manner.

Surf Sweets candies are also corn syrup free, gluten free, casein free and vegan or vegetarian. They are allergy friendly (free of 8 most common allergens) and made in a nut-free facility. Check our website www.surfsweets.com for more details about our products.



A VARIETY OF FUN, FRESH FLAVORS



Try our newest fruit-infused flavor, Sour Berry Bears!

Look for our new Snack Pack sizes - perfect for trick-or-treaters or party favors.

ENCOURAGE YOUR LITTLE GOBLINS TO BE ACTIVE AND MAKE GOOD FOOD CHOICES



Halloween can be a great opportunity to teach your little ghosts and goblins about healthy living habits. Simple tips for parents include:

- Incorporating fresh fruit and vegetables into your Halloween party menu
- Providing better-for-you treats for party guests and trick-or-treaters
- Organizing fun and active party activities to encourage healthy play



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GREEN PARTY PLANNING TIPS

Contributed by greenhalloween.org

FOOD

- Plan your menu in advance to include healthier food options
- Go organic when you can - it's better for you and the environment
- Don't use disposable party ware - use reusable dishes instead
- Offer filtered water instead of bottled water
- Plan for only enough food/drinks as you need to minimize waste - make a list before you go shopping
- Consider any dietary restrictions that your guests might have - look for allergy-friendly and gluten-free treats in your store



ACTIVITIES

- Make Halloween art/décor only from recycled goods or things found in nature
- Have a contest to see who can create the "greenest" Halloween decorations
- Make leaf rubbing art
- Make "treat & treasure" bags from recycled goods or old pillow cases
- Make a bean-bag toss game out of recycled boxes
- Have a Halloween-themed obstacle course – the child has to put on one piece of a costume at each station. Consider eco-themed costumes



GOODIES

- Go to greenhalloween.org for a list of treats and treasures - you'll find Surf Sweets of course!
- Plan ahead. If you order online, you may save money and be able to find healthy and eco-wise choices - be sure to allow enough time for shipping!

DÉCOR

- Reuse your decorations from last year
- Consider using items from nature – pumpkins, gourds, apples, hay, corn
- Visit a thrift store and see what decorations and costumes you can find there
- Make Halloween themed banners and other party favors from recycled, reused or repurposed materials



CLEAN UP

- Compost all food scraps and natural décor items. Pizza boxes and other cross-contaminated paper and cardboard items may also be composted or included in yard waste
- Recycle aluminum cans, water bottles, cups, paper goods, food containers and more
- Use healthier, non-toxic cleaning supplies – vinegar and water work wonders!



MORE FUN PARTY IDEAS FOR A GREEN HALLOWEEN®!

HAVE A GREEN PUMPKIN DECORATING CONTEST

This pumpkin is so cute that kids will be begging for more vegetables!

- Collect an assortment of colorful vegetables for making your green jack-o-lantern
 - Hair: lettuce, green onions, kale
 - Eyes: radish or zucchini slices, beans, olives
 - Nose: squash, carrot, cherry tomatoes
 - Mouth: red pepper, string beans
- Use toothpicks or glue to attach the vegetables to the pumpkin
 - Hint: parents may need to help secure the vegetables, tapping the toothpicks lightly with a small hammer if needed



GREEN HALLOWEEN WORD SEARCH

S T E E W S F R U S E W M Y A
N O J Q Z W C O U N S Y C T F
Q E V R S U V S V V K L V I B
E Y E C E A K I E U B C B V Q
M I A W V C R Y C H N O B I C
U V I K O O Y I U G F F V T O
E Q S S N L N C R O M K C C E
P L Z M U A L E L Y C P H A K
W I E Y G Q E A H E A L T H Y
V N U R V N L H H D T A A V R
T P O E S U E R D P E N B M W
V D J Y S L T I J F I E D P Z
C R K H B K P S B A E T B C W
D A S N S W U V O K J W J I Y
N S R W X D R D M M R G A L L

Green
Organic
Healthy
Recycle
Halloween
Reuse
Environment
Planet
Activity
SurfSweets



HALLOWEEN RECIPES FROM SURF SWEETS!

POPCORN CANDY WORM CAKE

Ingredients:

- 16 Cups unsalted popped popcorn
- 1 bag each of Surf Sweets Gummy Swirls, Gummy Bears and Jelly Beans
- 1 pound marshmallows
- 1/2 Cup butter or margarine
- 1/3 Cup vegetable oil
- 1 bag of Super Sour Worms – set aside for decorating



Directions:

Spray a 10" bundt pan. Chop candy into small pieces. Mix popcorn and candy together in an extra large bowl. Heat the oil, butter (margarine) and marshmallows in a pan over low heat until melted. Pour over popcorn and candy mixture. Mix well. Press into prepared pan. Cool until firm. Remove from pan. Decorate with Super Sour Worms. Enjoy!

MUMMY GUMMYS

Ingredients:

- 1 Cup Powdered Sugar
- 2 oz. Shortening
- 1/2 tsp. Vanilla
- 1-2 Tbsp. Water or Rice Milk
- 1 bag of Sour Worms or Gummy Worms
- 1 bag of Gummy Swirls

Directions:

Combine the first four ingredients. Mix until it is the consistency of thick icing. Fill a pastry bag or baggie with icing. Use a flat tip or cut a small hole in the baggie. Lay the Sour Worms or Gummy Worms flat side up. Stripe the frosting to cover the Worms. Cut Gummy Swirls to create eyes. Transfer to a plate, allow icing to dry. Makes enough icing to mummify 16 worms. Enjoy!

visit our website: www.surfsweets.com/fun.php for other fun Halloween recipes



HALLOWEEN RECIPES FROM SURF SWEETS!

WITCH'S CAULDRONS

Ingredients:

- 2 bags chocolate chips
- 1oz. shortening
- 1/2 Cup Sunflower Butter
- 1/3 Cup Brown Rice Syrup
- 1 bag of Sour Worms & Gummy Worms

Directions:

Melt 1 bag of chocolate chips. Add shortening. Spoon chocolate mixture inside muffin liners. Using a spoon, work the chocolate up the side of the muffin liners. Allow to harden in freezer for ten minutes. Melt other bag of chocolate chips. Combine brown rice syrup and sunflower butter. Stir into melted chocolate until smooth. Spoon mixture into each hardened cauldron. Decorate by placing Sour Worms & Gummy Worms on top. Serve immediately or refrigerate. Makes approx. 10 cauldrons. Enjoy!



visit our website: www.surfsweets.com/fun.php for other fun Halloween recipes

STAY CONNECTED:

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Join Our
Community

ABOUT GREEN HALLOWEEN®

Green Halloween is a non-profit, grassroots community initiative to create healthier and more Earth-friendly holidays, starting with Halloween. When making choices for your Halloween celebrations, "going green" means making choices that are Good for People, Good for our Planet and Good for the Community. For more information visit www.greenhalloween.org and www.celebrategreen.net



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